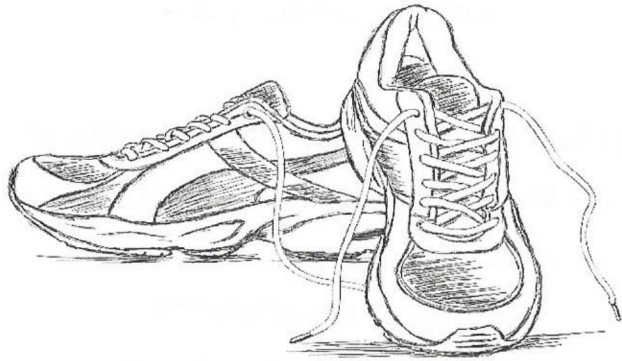


Ellsworth

Downtown Dash

5K run

2mile walk



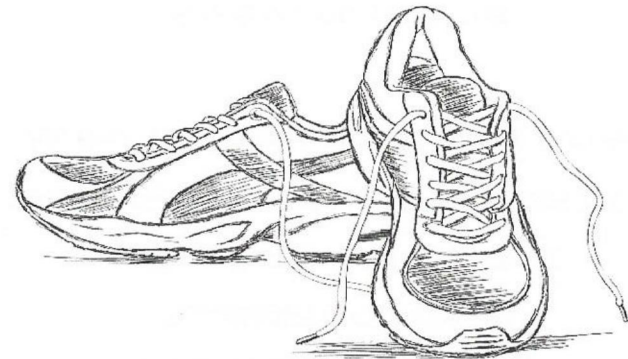
August 5th 2023

Ellsworth

Downtown Dash

5K run

2mile walk



August 5th 2023

**Saturday, August 5TH 2023 on the corner of 3RD
AND DOUGLAS
Preregistration/Registration packet pickup**

will start at 6:30 am
ELLSWORTH 5K AND 2MILE WALK.

MAKE CHECKS PAYABLE TO
ELLSWORTH COWTOWN

MAIL TO: ELLSWORTH COWTOWN

PO BOX 176 ELLSWORTH, KS 67439

PRE-REGISTRATION FEE \$20.00 due July 23rd to

Guarantee a shirt on race day.

DAY OF THE RACE REGISTRATION FEE \$25.00

**We will purchase extra shirt but will not guarantee every runner
will get a shirt the day of the race.**

5K Run and 2-mile walk will start at 7:30 AM

Age Brackets circle one

12 and under 13-18 19-29 30-39 40 and up

Name: _____

Address: _____

City: _____ State: _____

Phone#: _____

Gender: M F Date of Birth _____

Age of Race Day _____ Shirt Sizes: YS YM YL YXL

Adult Sizes: S M L XL 2XL

Signature: _____

Parent/Guardian Signature: _____

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